

ANGELA EPSTEIN
Freelance Health Journalist

After leaving Manchester University with a 2:1 in English Language and Literature, Angela completed a postgraduate diploma in newspaper journalism at Preston Polytechnic. She then spent six years as a news reporter for the Bury Times Newspaper Group and also began contributing to the Manchester Evening News.

Following the birth of her second child, she worked exclusively for the paper, writing for the women's pages, business magazine and colour magazine. She was also Children's Editor and had a weekly show-business column.

Gradually Angela began freelancing for many national publications including the Daily Mail, Daily Express, Marie Claire, SHE, Cosmopolitan and Glamour. She continues to do this today, writing features on a broad range of subjects, though her main area of interest is health journalism. This embraces a broad range of areas: from investigations into pioneering new treatments to consumer analysis of health products. Angela also tackles many health-related human interest stories and is particularly interested in the relationship between diet and systemic illnesses.

Angela broadcasts regularly on BBC Radio Manchester where she reviews television programmes and has contributed to many other radio stations including Radio 4.