

## **Dr Sarah Jarvis**

Trained at Cambridge and Oxford, Dr Sarah Jarvis is a GP and GP trainer working in an inner city practice in London with her specialised areas being women's health, cardiovascular heart disease and patient education.

Sarah writes extensively in the medical and consumer press and is a regular contributor to Good Housekeeping, Women's Health, Pregnancy and Baby and You magazines. Her current media positions include the resident doctor on BBC's The One Show, Jeremy Vine's Radio 2 Monday afternoon show, Radio 5 live, Radio 4, GMTV and ITN news.

Past regular posts include a weekly column in Today newspaper, 4 years as ITN lunchtime news doctor and 11 years on the advisory boards of Update and Doctor.

Sarah has written a number of books including 'A Younger Woman's Diagnose-It-Yourself Guide to Health', 'Diabetes for Dummies' and 'Pregnancy for Dummies'. Present writing projects include 'Child Health for Dummies' and a book on the ethics of dying, co-authored with John Humphrys.

Sarah is also on the advisory board for the British Journal of Cardiology and the Patient Group of Heart UK.